



West Deptford HS Marching Band Rehearsal Guidelines

Phase 1 (July 13, 2020 Through July 26, 2020)

Adapted from the NJSIAA PHASE I GUIDELINES

Participation

It is important for all participants and staff to educate themselves about when they should stay home and when they can return to activity. All Covid related absences must be reported to the director, Mr. Kershaw, in writing via email.

- a. Sick WDMB staff, families, and WDMB members are required to stay home.
- b. Individuals, including WDMB staff, WDMB members, and families, should stay home if they have tested positive for or are showing COVID-19 symptoms.
- c. Individuals, including WDMB staff, WDMB members, and families, who have recently had a close contact with a person with COVID-19 should also stay home and monitor their health.
- d. We shall immediately separate WDMB staff and WDMB members with COVID19 symptoms at any WDMB activity. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well and follow CDC guidance for community-related exposure.
- e. Parents/guardians will be contacted immediately if anyone becomes sick onsite and will be sent to their home or to a healthcare facility.

Rehearsals

- a. Check in (every Phase I rehearsal)
 - Prior to arriving to facility, ALL WDMB members & WDMB staff must complete an online Covid Screening Questionnaire. <https://tinyurl.com/wdmbcovid1> If WDMB member does not complete prior to, they must complete a hard copy upon check in.
 - If WDMB members or WDMB staff answers "Yes" to any questions on the screening questionnaire, they will be sent home and will not be allowed to return until they provide a Doctor's clearance note.
 - All WDMB members or WDMB staff must have temperature taken by school personnel who are NOT participating in rehearsal that day.
 - Temperatures will be taken at check in. Anyone with a fever of 100.4 or higher will be sent home and will not be allowed to return until they provide Doctor's clearance note.
- b. Rehearsals shall be no more than ninety (90) minutes. Adding setup, tear down and meetings this will result into a total of 2hrs total per rehearsal during PHASE 1.
- c. Only one rehearsal per day is permitted and there must be one (1) day of rest per every seven (7) days.



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- d. All rehearsals shall take place outside during PHASE 1.
- e. Access to rehearsals must be limited to WDMB members, WDMB Staff, and appropriate school personnel.
- f. There shall not be any physical contact, of any kind, between WDMB members and WDMB Staff during PHASE 1.

During all rehearsals, WDMB staff are reminded to be alert for any students exhibiting signs of distress regarding mental health secondary to the COVID-19 pandemic.

Face Coverings

- a. WDMB members who are engaged in high-intensity aerobic activity, e.g., running, sprinting, etc., do not need to wear face coverings during the period of the aerobic activity. Once the aerobic activity is over, WDMB members shall wear face coverings.
- b. WDMB members who are not engaged in high-intensity aerobic activity are encouraged to wear face coverings.
- c. WDMB staff and district personnel must always wear face coverings.

Groupings/Social Distancing

- a. No more than ten (10) WDMB members may be grouped together in a single area and the groups should be predetermined by the coach prior to the start of the rehearsal.
- b. Social distancing of at least six (6) feet shall always be maintained between WDMB members and WDMB staff, including within the ten (10) WDMB member groupings.
- c. Once student groupings are determined, WDMB members may not switch to another grouping.
- d. More than one group of WDMB members can be in a single area, provided there is twelve (12) to eighteen (18) feet between each group of WDMB members.
- e. Groupings must stay together throughout the entirety of PHASE 1.
- f. There shall not be celebratory contact, e.g., fist bumps, high-fives, huddles, etc.

Equipment

- a. Equipment shall not be shared at any time during PHASE 1.



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b. Each WDMB member shall bring individual water bottles to each rehearsal for his/her own personal consumption. There shall not be any trading or sharing of water bottles.

c. All equipment and touchpoints (e.g., benches, agility cones, ladders, clipboards, etc.) must be cleaned and disinfected after each rehearsal with EPA approved cleaners and disinfectants against COVID-19.

Band Room/Restrooms

a. WDMB members shall not have access to the school building at any time unless needed for shelter/restroom access.

b. Restrooms shall be cleaned and disinfected regularly with EPA approved cleaners and disinfectants against COVID-19.

c. Restrooms use shall be limited to one person at a time.

d. To the fullest extent possible, appropriate social distancing shall be maintained, and face coverings are worn when more than one WDMB member is in the restroom.

We will be monitoring/updating our policy and procedures as new information and state guidance suggests. Please understand that we are doing our best and will follow all NJ State Guidelines to the best of our ability.

Daily Screening Questionnaire:

<https://tinyurl.com/wdmbcovid1>